JOB DESCRIPTION

Position: Program Clinician (2 FTE)

Division: Behavioral Health & Community Services (BH&CS)

Supervised By: FEP Program Director

<u>General Statement of Duties</u>: The Family Therapist is responsible for providing intensive in-home family therapy following the NAVIGATE model. Family Therapist will provide services to families and youths experiencing their first or early episode of psychosis.

Responsibilities:

- 1. Participate in DMH hand off, complete intake with families and youths.
- 2. Conduct a comprehensive strengths-based bio-psycho-social assessment to document family journey, youth and family vision, and prioritized needs.
- 3. In collaboration with the family team, develop, implement, and monitor a youth/family-driven care plan.
- 4. Conduct in-home family therapy with youth and families, following NAVIGATE model of care for early psychosis.
- 5. Maintain electronic health records and all required documentation including but not limited to weekly progress notes, comprehensive assessments, release (s) of information, and transition summaries.
- 6. Participate in weekly supervisions and team meetings, case consults as needed.
- 7. Work with team members to refer and link youth and families to appropriate community supports as identified in the individualized care plan including medical, educational, social, therapeutic, youth/family-centered services
- 8. Attend and actively participate in all training/coaching opportunities and requirements, including for NAVIGATE, BAMSI, and DMH
- 9. Identify FEP risk factors, improve team communication and foster professional growth. Provide guidance and support to all team members as needed.
- 10. Assist the family through psycho-education strategies on how to navigate the mental health system and develop team of natural supports.
- 11. Participate in the rotation of the 24 hour on-call system and be available for telephone consultation to provide timely and effective crisis support/remote intervention services to youth and families.
- 12. Work with other BAMSI programs and the Mobile Crisis Intervention Unit to provide coordinated and comprehensive crisis diversion and level of care assessments.
- 13. Establish and maintain collaborative relationships with community providers, community organizations, state agencies, Community Service Agencies, and other programs within the BH&CS division to ensure a comprehensive and consistent treatment approach.
- 14. Files 51As with support from supervisor as required by mandated reporting guidelines.
- 15. Maintain regular and timely attendance, professional boundaries, quality clinical service and high professional standards at all times.
- 16. Perform all duties consistent with BAMSI/DMH policies and procedures. Execute duties to reflect reasonable safety standards. Universal/standard precautions must be utilized and training obtained in areas that constitute risk. Perform other related work duties as needed or as assigned by supervisor and/or designee.

Qualifications:

• Master's Degree in Social Work, Mental Health Counseling, or Marriage and Family Therapy

• Three to five years of experience working with youth and families in a behavioral health setting required.

FLSA Status: Exempt

Location: FEP Program (Brockton)

- Experience working in an environment that is youth and family driven.
- The ability to speak one or more languages (Cape Verdean, Haitian Creole, and Spanish) preferred.
- Three to five years' experience working with various state systems, including DMH, DCF, DDS, MCI, and DYS required.
- Ability to communicate effectively with service providers and administrators, to work independently and as part of a team, and to embrace the youth mental health system of care principles.
- Working knowledge of the wraparound process and systems of care principles required.
- Must be willing to obtain certification in the Massachusetts Child and Adolescent Needs and Strengths (CANS).
- Broad understanding of DMH mandated regulations.
- Understanding and experience working with clinical challenges specific to a mental health diagnosis such as Psychosis, Depression, Mood Disorder, Bipolar, Schizophrenia, ADD/ADHD, Conduct Disorder, Anxiety, etc.
- Strong administrative skills, knowledge of MS Office, navigation of electronic health records, written/oral communication, detail-oriented, and ability to flex work schedule to meet the needs of youth and families as necessary.
- Valid driver's license, own means of transportation, and willingness to travel at least 60% of the time required.